

VISITING CLUB INFORMATION

for Hatfield's UKC Valentines Meet 2012 – Saturday 4th Feb

SWIMMERS, please remember to sign in only for events you are swimming. No glass bottles or glasses are allowed on poolside or in the changing rooms. Please also make note of the timings for warm up's listed below.
SIGNING IN TIMES: You must sign in for events you are swimming by 1:05pm for session 1 and 5.35pm for session 2.

COACHES Information packs with passes will be available from the Help / Medals desk in the foyer. Coaches will also receive a swim list of their own swimmers and a sheet to record split timings.

OFFICIALS upon arrival can head upstairs to the conference room where our food is served to leave your belongings.

Session 1 – Warm-up 1.00pm; Start 2.05pm					Session 2 – Warm-up 5.30pm; Start 6.05pm				
Event 1	HDW	Girls	200m	IM	Event 11	HDW	Boys	200m	IM
Event 2	HDW	Boys	50m	Backstroke	Event 12	HDW	Girls	50m	Backstroke
Event 3	HDW	Girls	50m	Breaststroke	Event 13	HDW	Boys	50m	Breaststroke
Event 4	HDW	Boys	100m	Butterfly	Event 14	HDW	Girls	100m	Butterfly
Event 5	HDW	Girls	100m	Freestyle	Event 15	HDW	Boys	100m	Freestyle
Event 6	HDW	Boys	50m	Freestyle	Event 16	HDW	Girls	50m	Freestyle
Event 7	HDW	Girls	50m	Butterfly	Event 17	HDW	Boys	50m	Butterfly
Event 8	HDW	Boys	100m	Breaststroke	Event 18	HDW	Girls	100m	Breaststroke
Event 9	HDW	Girls	100m	Backstroke	Event 19	HDW	Boys	100m	Backstroke
Event 10	HDW	Boys	200m	Freestyle	Event 20	HDW	Girls	200m	Freestyle
Event 10a**	HDW	Girls	400m	Freestyle	Event 20a**	HDW	Boys	400m	Freestyle

400m Freestyle**, in order to comply with ASA licensing rules we are offering a maximum of 2 heats of 400m Freestyle in each session. Cost will be £5.00 per swim. Entry TIMES must be supplied.

ONLY SWIMMERS WHO HAVE ACCEPTED ENTRIES FOR THE SESSION THE EVENT IS IN WILL BE ABLE ENTER THE 400m FREE AS WE CANNOT INCREASE POOLSIDE NUMBERS.

Minimum Qualifying Times 400m Free

	9&10	11	12	13	14	15
Boys	6.31.8	6.06.0	5.46.0	5.26.8	5.10.4	4.57.5
Girls	6.35.7	6.04.9	5.43.7	5.29.8	5.20.8	5.13.8

WARM-UP TIMINGS

Warm-up lanes are as follows:

Session 1	Swimmers /lane	Boys	Girls	Session 2	Swimmers / lane	Boys	Girls
1 to 1:15pm	73	9,10,11yrs	9,10,11yrs	5.30 to 5:45	73	9,10,11yrs	9,10,11yrs
1:15 to 1:30	88		12,13,14yrs	5:45 to 6pm	66	12,13,14yr	
1:30 to 1:45	66	12,13,14yrs		6pm to 6:15	90		12,13,14yrs
1:45 to 2pm	82	15+yrs	15+yrs	6:15 to 6:30	63	15+yrs	15+yrs

Age as on day, 4th February.