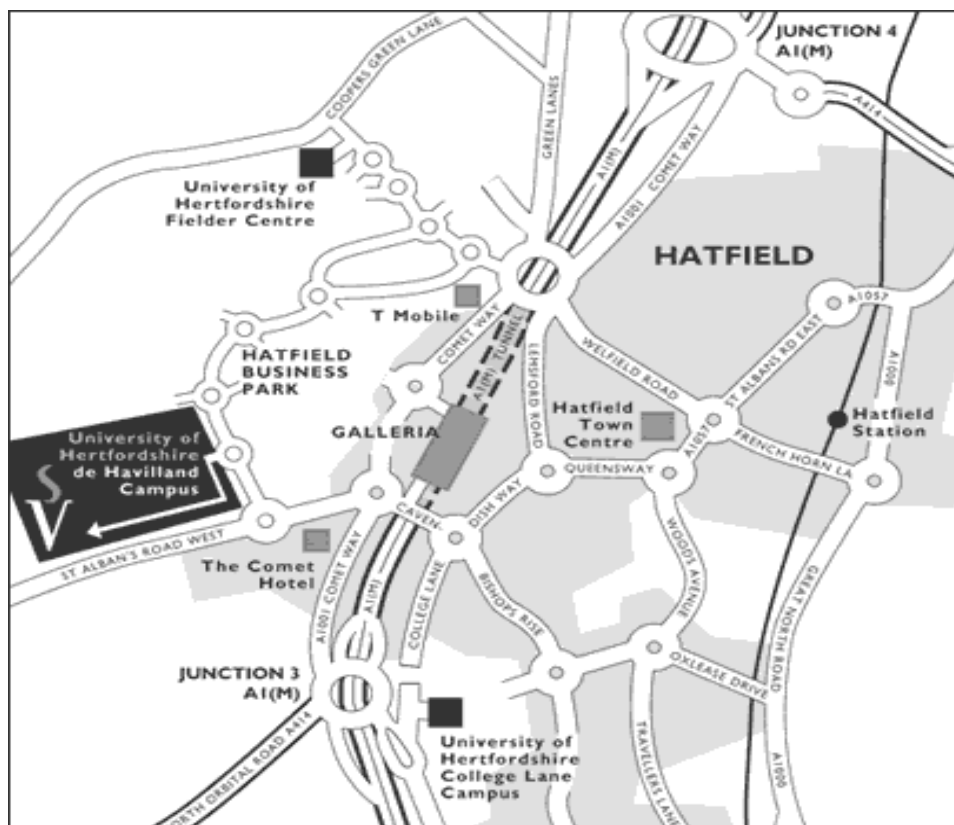


**Hatfield SC**  
**UK Challenge 2010**  
**15<sup>th</sup> & 16<sup>th</sup> May**

**Swimmers Information Sheet**

Hertfordshire Sports Village  
University of Hertfordshire  
de Havilland Campus  
Hatfield Business Park  
Hatfield,  
Herts,  
AL10 9EU  
[www.hertfordshiresportsvillage.co.uk](http://www.hertfordshiresportsvillage.co.uk)



c0078

Swimmers Coaches and Parents,

Please double check you are entered in the correct events with the correct time etc at [www.hatfieldswimclub.co.uk](http://www.hatfieldswimclub.co.uk)  
Any errors please try to let us know before the meet if possible.

- This is a card-less meet and you are required to **Sign in** for **each event** you are swimming by the start of the warm-up for that session. **If you fail to sign in you will not be able to swim.** So if you have 3 events in one session and are only swimming one of them, only sign in by the one event you are swimming. ALSO NOTE SIGN IN BY TIMES BELOW
- You are also reminded that the height of the blocks from the surface of the water is 660mm and the depth of the whole pool will be set to 1.8m. (There is NO shallow end)
- Please listen to any announcements made and to instructions from the lifeguards.
- No food or glass containers are allowed on poolside.
- Do not block any of the fire escapes with bags etc.
- **Please pay attention to the warm up times** and what age groups swim and when. (indicated on table below) We have had to do this as we are now limited to how many swimmers we can have in the pool at any one time during warm up.
- During the meet If your name is called or is on a start list for one of the finals and you withdrawing from it, please let us know As Soon As Possible.
- Finals will be the fastest 16 [A & B final] for the 50m & 100m events and the fastest 8 [A final] irrespective of age

## Events, Warm ups and session timings

Warm up allocations by age (lanes are for 1 <sup>st</sup> 20 mins only) Start times see colour code					Session 3 – Sunday Start 9.45am Warm Ups 8.30am 8.50am 9.15am SIGN IN BY 8.35am					
Session	1 <sup>st</sup> 20mins	Lanes	2 <sup>nd</sup> 25mins	3 <sup>rd</sup> 25mins						
					10	Male	100m	backstroke	heats	
1	G11-12yrs B11-13yrs	1 to 4 5 to 8	B14-17+yrs	G13-17+yrs	11	Female	100m	butterfly	heats	
2	G11-13yrs B11-12yrs	1 to 6 7 to 8	G14-17+yrs	B13-17+yrs	12	Male	200m	freestyle	heats	
					13	Female	200m	breaststroke	heats	
3	G11-12yrs B11-13yrs	1 to 3 4 to 8	B14-17+yrs	G13-17+yrs	10f	Male	100m	Backstroke	A+B	
4	G11-13yrs B11-13yrs	1 to 5 6 to 8	G14-17+yrs	B14-17+yrs	11f	Female	100m	butterfly	A+B	
5	G11-12yrs B11-13yrs	1 to 4 5 to 8	G13-17+yrs	B14-17+yrs	12f	Male	200m	freestyle	A	
					13f	Female	200m	breaststroke	A	
Session 1 – Saturday Start 2.15pm Warm Ups 1pm 1.20pm 1.45pm SIGN IN BY 1.05pm					Session 4 – Sunday Start 1.45pm Warm Ups 12.30pm 12.50pm 1.15pm SIGN IN BY 12.35pm					
1	Male	100m	breaststroke	heats	14	Female	100m	breaststroke	heats	
2	Female	100m	backstroke	heats	15	Male	100m	freestyle	heats	
3	Male	400m	freestyle	hdw	16	Female	400m	IM	hdw	
4	Female	200m	butterfly	heats	17	Male	200m	butterfly	heats	
5	Male	200m	IM	heats	18	Female	200m	freestyle	heats	
2f	Female	100m	backstroke	A+B	15f	Male	100m	freestyle	A+B	
1f	Male	100m	breaststroke	A+B	14f	Female	100m	breaststroke	A+B	
4f	Female	200m	butterfly	A	17f	Male	200m	butterfly	A	
5f	Male	200m	IM	A	18f	Female	200m	freestyle	A	
Session 2 – Saturday Start 6.30pm Warm Ups 5.15pm 5.35pm 600pm SIGN IN BY 5.20pm					Session 5 – Sunday Start 5.45pm Warm Ups 4.30pm 4.50pm 5.15pm SIGN IN BY 4.35pm					
6	Female	100m	freestyle	heats	19	Female	50m	freestyle	heats	
7	Male	400m	IM	hdw	20	Male	200m	backstroke	heats	
8	Female	200m	backstroke	heats	21	Female	200m	IM	heats	
9	Male	100m	butterfly	heats	22	Male	50m	freestyle	heats	
6f	Female	100m	freestyle	A+B	23	Female	400m	freestyle	hdw	
9f	Male	100m	butterfly	A+B	24	Male	200m	breaststroke	heats	
8f	Female	200m	backstroke	A	19f	Female	50m	freestyle	A+B	
					20f	Male	200m	backstroke	A	
					21f	Female	200m	IM	A	
					22f	Male	50m	Free	A+B	
					24f	Male	200m	Breaststroke	A	